

# UAB Sparkman Seminar Series in Global Health & SIFAT

present  
Seminar and Workshop

## Green Leaves as an Underutilized Source of Food for Low Income Communities

**David Kennedy, MFS**  
Founder and Director  
Leaf for Life, Inc.



*Mr. Kennedy has been the director of Leaf for Life for over 20 years. He has worked in Latin America and in Appalachia on a variety of projects to reduce malnutrition by making better use of green leaf crops. Increasingly, the projects use an ecological approach combining innovative gardening and nutrition education. Some of the topics that will be covered in this seminar include: green leaves as a vast underutilized source of food, advantages and limitations of green leaves as a bigger part of the human diet, local control of a diverse food supply, and linking practical training with ecological education on the village/barrio level for long term improvements in community health.*

### Seminar:

Thursday ■ April 6, 2006  
1:00 – 2:00 pm  
407 Ryals Public Health Building  
1665 University Boulevard  
Birmingham, Alabama  
All are welcome. Lunch provided.

### Workshop:

“Combating Child Malnutrition:  
Practical Solutions”  
Friday and Saturday ■ April 7-8, 2006  
SIFAT International Training Campus  
Lineville, Alabama  
All are welcome.

**Workshop:** *This training focuses on practical skills that can greatly impact the survival of young children in the developing world. Laypersons as well as professional health workers will learn new skills to combat malnutrition in the developing world. The workshop will teach you skills that you can use on short-term mission teams to have a long-term impact on the community you serve. Some of the areas which will be covered include: teaching four simple appropriate technologies concerning child survival, provide hands-on experience in making leaf-concentrate and leaf powder, build a simple, effective solar food dryer, and much more.*